



Preparing for Middle School....

What You Need to Know!

Amanda Miller, School Counselor

Why is the preparation for middle school so important?

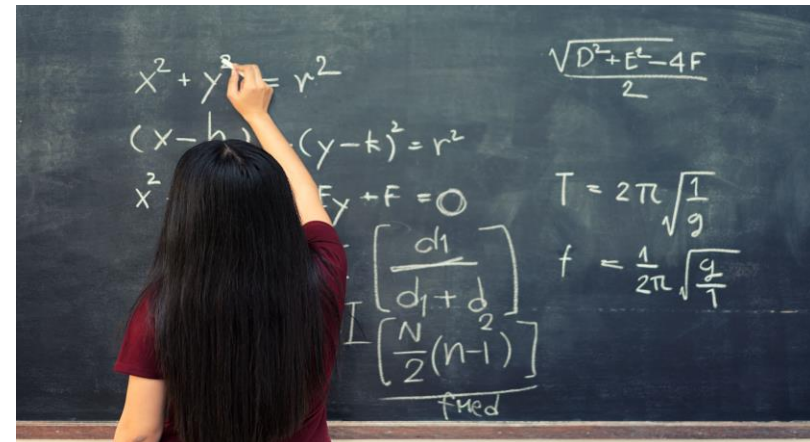
- ▶ Success during the middle school years is a key predictor of success during high school years.
- ▶ Skills learned in middle school carry over into high school, college, and the work force (organization, responsibility, punctuality, self-advocacy)
- ▶ Increased stress/fear/worry in a student can lead to school avoidance.
- ▶ Attitude is everything...attitude about grades, attitude about attendance, attitude about their future.
- ▶ Tween years can be a turbulent time full of social and emotional chaos that can have an impact on school performance



hello middle
SCHOOL

Big Changes Are Coming.....

1. More freedom
2. More responsibility
3. Greater expectations
4. Different teachers for every subject
5. Following an individualized schedule
6. More homework, projects, tests
7. Opportunities for sports and clubs
8. Meeting new people and making new friends



Getting Ready for Middle School: Part 1



Getting Ready for Middle School: Part 2



A challenging time to be a student!

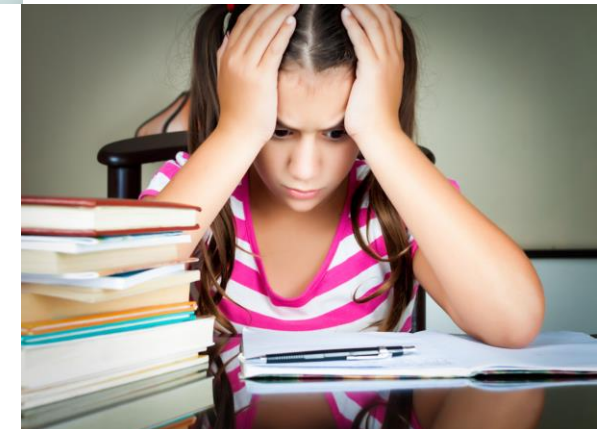
1. Hormones, emotions, and more hormones!!!!
2. Reasoning in the pre-adolescent brain is in a phase of development causing impulsivity and high emotional reactions.
3. Natural increase in finding their own voice (defiance, refusal, battle of wills, testing limits)
4. The desire to be treated like an adult but they are not quite there YET!
5. Identity discovery.... "Who am I?"
6. **THE MIDDLE SCHOOL CRUNCH:** occurs when a student is torn between having to follow rules within the education system (school) and the desire within themselves to be independent and make their own choices.

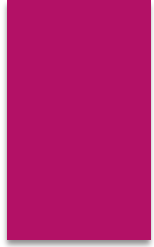


Common Stressors for the Future Middle School Student....



1. Getting around in a new building
2. Finding their classes
3. Having enough time between classes
4. New teachers, new principal
5. Having more homework
6. Not fitting in/social acceptance
7. Keeping up their grades
8. Balancing their academics with extra-curricular activities





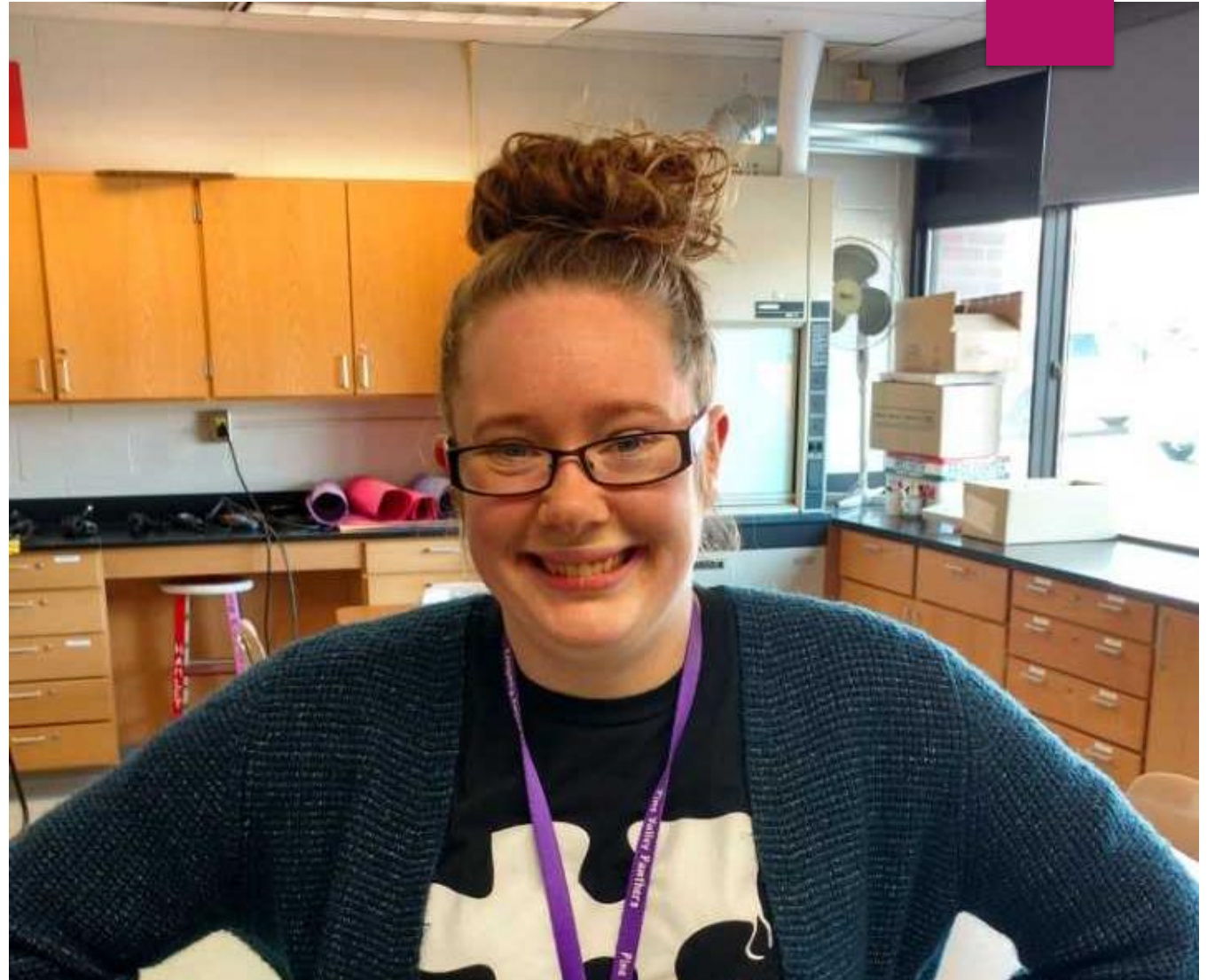
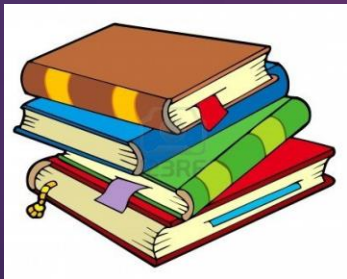
What we are doing to help ease the stress of middle school transition during this time of school closure?

- ▶ Parent communication via phone, letter, e-mail, and website.
- ▶ Website link to Middle School Transition that included videos and valuable information to both the student and parent
- ▶ Individual meetings with all 6 grade students and their parents via phone to discuss schedule



Meet the
Teachers.....

Ms. Nichols
ELA 7 and 8



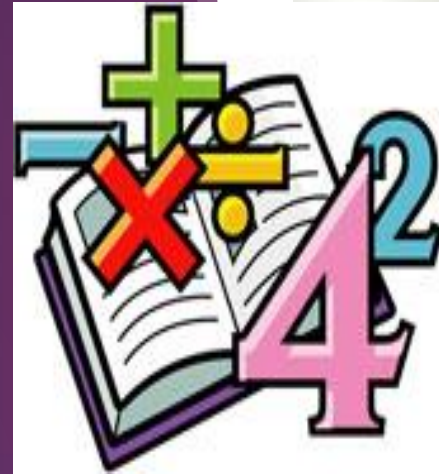
Meet the
Teachers....

Mrs. Palmatier
Science 7 & 8



Meet the Teachers.....

Ms. Mullin
Math 7 and 8



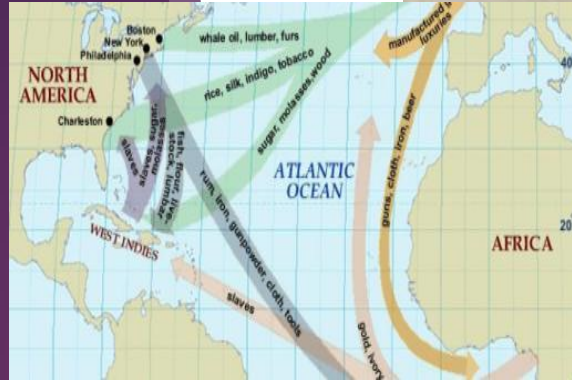
Mrs. Buss
Special Education
Teacher



Meet the Teachers....

Mr. Nobles

Social Studies
7 and 8



Meet the
teachers.....

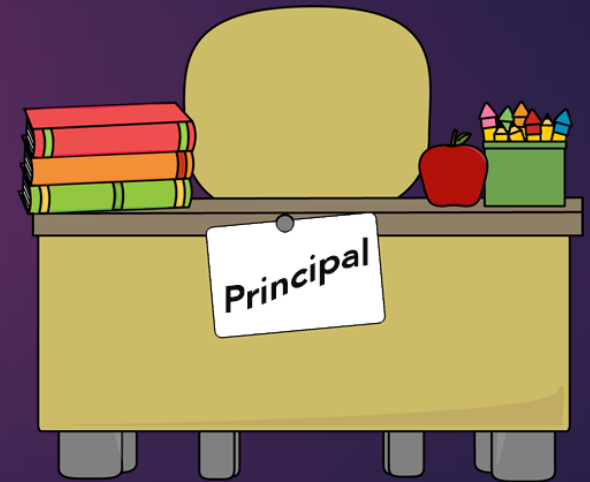
Mrs. Sengbusch
Middle School Art





Meet Your Middle School and High School Principal

Mr. Tedone



The Middle School Schedule

Middle School Requirements (7&8):

- ELA (2 units)
- SS (2 units)
- Science (2 units)
- Math (2 units)
- Technology (1 unit)
- Art (.5 unit)
- Music (.5 unit)
- PE (every other Day)
- Spanish (2 units)



Middle School Coursework

7th Grade

- ▶ ELA 7
- ▶ SS 7
- ▶ Math 7 or Adv Math
- ▶ Science 7
- ▶ Spanish 7
- ▶ Art
- ▶ Music, Band, or Chorus
- ▶ PE
- ▶ Technology (Sem 1)
- ▶ Digital Literacy (Sem 2)
- ▶ PBL/AIS

8th Grade

- ▶ ELA 8
- ▶ SS 8
- ▶ Math 8 or Algebra 1 (Reg)
- ▶ Science 8 or Living Environment (Reg)
- ▶ Spanish 8
- ▶ Music, Band, Chorus
- ▶ PE
- ▶ Intro to Coding (Sem 1)
- ▶ Career Exploration (Sem 2)
- ▶ PBL/AIS

The Middle School Schedule

Day	Terms	1	2	3	4	5	L1	61	L2	62	7	8	9
A	18-19 S2 Q3	Advanced Math 7 3037.1 Mullin, Allison Room: 103 1(A-B) 18-19	MS Chorus A 7018.1 Himes, Mary Kay Room: Aud 2(A) 18-19	English 7 1007.2 Nichols, Chandell Room: 112 3(A-B) 18-19	Social Studies 7 2007.1 Nobles, Tim Room: 108 4(A-B) 18-19	MS Physical Education 6007.2 Buczek, Chris Room: NGym 5(A) 18-19	Lunch 0001.3 Valley, Pine Room: OGym L1(A-B) 18-19			Project Based Learning 999P.1 Snyder, Katie Room: 211 62(A-B) 18-19	Science 7 4007.2 Palmatier, Amy Room: 105 7(A-B) 18-19	Spanish 7 5007.1 Sutherland, Lorraine Room: 202 8(A-B) 18-19	Digital Literacy 8048.2 Spanbauer, Eric Room: 125 9(A-B) S2
B	18-19 S2 Q3	Advanced Math 7 3037.1 Mullin, Allison Room: 103 1(A-B) 18-19	MS Band B 7028.1 Chagnon, Roger Room: 124 2(B) 18-19	English 7 1007.2 Nichols, Chandell Room: 112 3(A-B) 18-19	Social Studies 7 2007.1 Nobles, Tim Room: 108 4(A-B) 18-19	Art 7 7007A.2 Sengbusch, Caitlin Room: 117 5(B) 18-19	Lunch 0001.3 Valley, Pine Room: OGym L1(A-B) 18-19			Project Based Learning 999P.1 Snyder, Katie Room: 211 62(A-B) 18-19	Science 7 4007.2 Palmatier, Amy Room: 105 7(A-B) 18-19	Spanish 7 5007.1 Sutherland, Lorraine Room: 202 8(A-B) 18-19	Digital Literacy 8048.2 Spanbauer, Eric Room: 125 9(A-B) S2

Understanding Your Middle School Schedule

1. The schedule alternates between "A" day and "B" day. Depending on the day, your courses can change. For example on the schedule provided....5th period the student has gym on A day and art on B day.
2. You will have 9 periods throughout the day. Each change of class/period will be signaled by a bell.
3. There are three minutes between each class which allows for going to your locker, going to the bathroom and getting to your class ON TIME.
4. Under each class, the instructor and room number are provided.
5. L1 indicates first lunch which is generally all middle school students and some 9th grade students. L2 indicates second lunch which is attended by all high school students. Please ignore 61 and L2 on the schedule...they are space holders for high school schedules and are not important to the 7th grade schedule.

Middle School Fun!!!



-Sports: modified football, volleyball, basketball, softball, baseball, soccer

-Student Council- class officers

-Drama Club

-Dances and Spirit Week (Homecoming, winter ball, spring fling)

STUDENT COUNCIL
SERVE LEAD INSPIRE



How Can Parents Support Their Middle School Student?

- ▶ Attend school activities (parent/teacher conferences, orientations, meetings, sports, play, presentations)
- ▶ Support homework completion and getting extra help after school if needed
- ▶ Encourage your child to participate in extra-curricular activities
- ▶ Check grades on Power School regularly
- ▶ Watch for changes in behavior or attitude and reach out to school if needed
- ▶ Have open communication with teachers
- ▶ Have open communication with your child and create a safe forum for which they can talk about school, friends, relationships, and personal things.
- ▶ Develop a relationship with the school counselors and contact them regarding academic, social or emotional concerns
- ▶ Develop a strong parent-school connection and relationship. Parents who value education have children who value education

Middle School is Preparing You For High School




Your middle school course curriculum sets the foundation of what you will be learning in your high school courses. Concepts learned in middle school are the building blocks of Regents level coursework.



State assessments in 7th and 8th grade prepare you for Regents exams that are required for graduation.




Developing good study skills will help you prepare for the work ahead in high school. Complete homework and maintain good attendance as these things are necessary for course credit in high school.



Please do not hesitate to contact me with any questions or concerns you may have regarding your child's transition to middle school next year. I can access my calls from home through my office extension. I am here to assist and support in any way I can.

Amanda Miller, School Counselor

988-3291 ext:3322



Together, as partners, we
can make the transition
to middle school a
positive and rewarding
experience for our
students!!!